

KATHERINE HENRY

YEAR OF CALL: 2008 BSB NUMBER: 53354

EMAIL: khenry@henry-chambers.com

REPORTED CASES:

M v F & Anor [2024] EWFC 34 (14 February 2024)

M v F & Anor [2024] EWFC 371 (B) (17 December 2024)

M1 v M2 & Ors [2025] EWFC 344 (10 February 2025)

AREAS OF EXPERTISE

Private Law Children Children Arbitration

Legal500 UNITED KINGDOM 2026

CAREER SUMMARY

Katie is a specialist children barrister and has been consistently recognised in Legal 500 as being "particularly skilled with difficult Children Act cases". Katie has extensive experience in all aspects of private law ranging from matters of relocation (internal and external), domestic abuse, child arrangement orders, prohibited steps orders, specific issue orders and enforcement.

Katie began her legal education at Cardiff University. Following completion of her degree, Katie commenced her Bar Vocational Course and was graded as Outstanding. In 2016, Katie was awarded a grant by the Family Law Bar Association to attend the ABA Annual Conference in San Francisco.

In 2017, Katie was invited to speak at the World Congress on Family Law and Children's Rights in Dublin on issues of access to justice.

In 2019, Katie was appointed as a Deputy District Judge (civil and family), sitting on the Western Circuit.

In 2023, Katie qualified as a Children Arbitrator under the IFLA scheme.



WHAT OTHERS SAY

Legal 500 2026 Katie is a leading junior in family children and domestic abuse. Her "analysis is second-to-none in private children work; she has a wonderfully calm manner about her advocacy which quietly reassures everyone in any courtroom that she knows what she is doing and you can trust her analysis and submissions entirely. Clients love her friendly, down-to-earth approach but when the need strikes her advocacy can be powerful and straight to the point"

Legal 500 2025 "Katherine is a first choice for children's work. She offers empathetic and practical advice to clients. She is robust in her negotiations and advocacy with a child-focused approach."

Legal 500 2024 "Katherine is an all-round class act. One of the best in conference with clients – she is so reassuring and empathetic. Her preparation for a case is meticulous, and her written documents are top-drawer.

She is superb in court too – she gets to the heart of issues, is very persuasive, and the respect that judges have for her is obvious."

Legal 500 2023 "Katherine is a powerful advocate and meticulous in her preparation. She has in-depth expertise in Children Act cases. She is superb with clients and gives reassurance and confidence to the most nervous of them. A fantastic communicator."

Legal 500 2022 "Katherine is a very committed barrister. She is a tireless worker who genuinely wishes to achieve the best result for her clients. She is extremely thorough in her preparation but is able to be very pragmatic so that her clients have a realistic overview of their case from the start. She delivers difficult advice, sensitively, a particular skill of hers, which means her clients respect her."

EDUCATION, TRAINING AND QUALIFICATIONS

Cardiff University LLB Hons
Cardiff University BVC Outstanding

APPOINTMENTS

Deputy District Judge on the Western Circuit (2019)

AWARDS AND PUBLICATIONS

Legal 500 2026Legal 500 2022World Congress on Family Law and Children's Rights Dublin 2017Legal 500 2025Legal 500 2021FLBA Family Affairs Winter 2017Legal 500 2024Legal 500 2020FLBA Family Affairs Winter 2016Legal 500 2023International Development Grant 2016

PROFESSIONAL MEMBERSHIPS

Institute of Family Law Arbitrators (IFLA) Resolution Association of Children Lawyers Western Circuit FLBA